



LNBP Kit List – For Leader Guidance only

First thing to note: Pack everything into soft bags for ease of stowage. **Do not bring suitcases.** There is limited space for crates in the Saloon (forward cabin) but all bunk storage will require soft bags.

Provided for your trip by the LNBP

- Emergency First Aid Kit *to supplement your own*
- Pillows and pillowcases
- Comprehensively kitted out kitchen including Cooking pots, utensils, crockery, etc.
- All equipment (e.g. windlasses) in regard to crewing the boats
- Lifejackets are also provided

Suggested supplies, kit and equipment you will need

- Sleeping Bag
- Wash kit and towel.
- Clothes - we would strongly suggest that you do not bring expensive or your favourite clothes. Boating is not a clean activity, and you may regret spoiling your best clothes. Warm clothes for winter/wet periods, and cool light clothes for the warmer summer months
- Woolly/sun hat, Gloves, Sunglasses, Suncream.
- Water/wind proof coat/jacket
- Trainers (Old rather than fashion) for use on board, non-slip is essential. Sturdy footwear/boots may be of use on the towpath and around locks during wet periods (NOT for use on board).
- Glasses /contact lenses / personal medication as applicable
- Lip salve / Insect repellent
- Torch - useful at night, as it can be very dark
- Books/board games
- Food and drink
- Shopping bags
- Tea Towels
- Bin Liners
- Eco friendly toiletries, Eco friendly washing up liquid, etc
- Boat friendly toilet paper (basic 2-ply, not 3-ply luxurious which can potentially block the toilet)

DO NOT bring

- knives, air guns, expensive watches, jewellery, laptops, etc
- Any electrical equipment that uses 13 Amp plug / 240 volts (e.g. Hair dryer). You won't be able to use them on-board. ***USB charging points are provided.***
- No BBQ, gas or disposable.